

## ADVANCING THE COMMON GOOD

United Way of the Eastern Panhandle advances the common good. Our focus is on education, income and health – the building blocks for a good quality of life. United Way of the Eastern Panhandle recruits people and organizations who bring the passion, expertise and resources needed to get things done. We invite you to be part of the change. You can give. You can advocate. You can volunteer.

## GIVE

The workplace campaign is the easiest and most powerful way to invest in your community. You can direct your contribution to one of the impact areas – Education, Income and Health – or choose all three. As always, we will also process a restricted contribution to qualified 501(c)3 organizations.

## ADVOCATE

Lend your voice to champion the cause. United Way of the Eastern Panhandle needs people who are passionate about education, income and health to make some noise. Sign up for United Way emails at [uwayep.org](http://uwayep.org) so you can stay updated on advocacy opportunities right here in the Eastern Panhandle.

## VOLUNTEER

United Way of the Eastern Panhandle works with volunteers and local nonprofits to develop the best opportunities for youth, adults and seniors.



## IMPROVING OUR COMMUNITY

Our vision is that of an improved community that fosters hope, opportunity and prosperity for everyone. We are building partnerships across the Eastern Panhandle to make our community better and stronger. We share a passion to make a difference – to focus on the building blocks of education, income and health to improve our community and build stronger foundations for everyone. Please consider where your passion may be leading you – perhaps it is to mentor a child, lend your voice for policy changes or help us raise dollars to distribute to the community. You can make a difference, and we look forward to you joining our team to improve our community!

*West Virginia residents may obtain a summary of the registration and financial documents from Secretary of State, State Capitol, Charleston WV 25305. Registration does not imply endorsement.*

*Designations to other 501(c)3 non-profits are assessed a processing fee to cover associated fundraising and administrative costs.*



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GIVE. ADVOCATE. VOLUNTEER.  
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**CFC #19310**



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# ADVANCING THE COMMON GOOD BY FOCUSING ON THE BUILDING BLOCKS FOR A GOOD LIFE

## EDUCATION

We're committed to helping all children achieve their full potential. By focusing on children in poverty we are developing partnerships, mobilizing volunteers and providing resources to strengthen early childhood development and improve academic proficiency in reading and math.

## INCOME

We're helping families become stable and financially independent by supporting basic needs, improving opportunities for financial education and increasing the availability of safe and affordable housing in our region.

## HEALTH

We're helping people in our community improve their health. We're working to increase access to critical healthcare services; reduce substance abuse, child abuse and domestic violence; and expand health education and preventive care.



## Did You Know?

The brain is shaped by genes and experiences and how they work together. Brain development occurs most rapidly in the first three years of life with over 700 new neural connections being formed every second. Economists estimate the return on investment to the public ranges between \$4 and \$16 for every \$1 invested in early childhood programs for low-income children.

Affordable Housing is defined as housing costs being not more than 30% of a household's gross monthly income. The top 5 causes of homelessness are: lack of affordable housing, lack of a livable wage, medical issues/conditions, domestic violence and mental illness. The majority of calls to the local 211 Information and Referral Center consistently include requests for utility assistance, housing needs and food pantries.

Substance abuse problems typically begin in adolescence and early adulthood, so this time is critical for early intervention. One in five adults is estimated to have a mental disorder in any one year in the United States, and research has estimated that half of all mental disorders begin by age 14. Anxiety disorders affect approximately one in eight youth and are more prevalent than virtually all other mental disorders of childhood and adolescence. Depression is one of the most common mental health disorders in older adults.

CHANGE WON'T HAPPEN WITHOUT YOU.

HELP CREATE OPPORTUNITIES FOR A BETTER LIFE FOR ALL.

LEARN MORE AT [WWW.UWAYE.ORG](http://WWW.UWAYE.ORG)